



Welcome

JANUARY 19, 2024

Agenda

PRESENTATION TITLE	SPEAKERS	TIME
WELCOME		10:00 - 10:10 AM
HEALTHCARE ROUNDTABLE: WHAT TO EXPECT FROM MENOPAUSE	MAUREEN TART, M.D., FACOG, MSCP SHAYNA MANCUSO, D.O., FACOG MODERATOR, MORLEY VAHEY	10:15 - 10:55 AM
FEELING ANXIOUS?	DIANNE BANTA	11:05 - 11:20 AM
NEXT LEVEL MENOPAUSE	JILL FOOS, NBC-HWC	11:25 - 12:00 PM
LUNCH		12:00 - 12:30 PM
THE GIFT OF PAUSE: HOW TO EMBRACE MENOPAUSE AND USE IT AS AN OPPORTUNITY TO WRITE YOUR EXCITING NEXT CHAPTER	KATE JACKSON	12:20 - 1:00 PM
FINANCIAL ROUNDTABLE: BUILDING YOUR WEALTH	HEATHER O'NEILL FAIRBANKS, CFP, CHFC JANE OTT TORI O'NEILL SHADAIA MODERATOR, KATE HOLLAND	1:00 - 1:55 PM
WRAP UP & REFLECTION	KATE JACKSON	2:00 - 2:10 PM
BREATHING & FOCUS	DIANNE BANTA	2:15 - 2:30 PM